



The Occasional



CLUBS DAY

The Swimming Club was very fun. After we got changed and got in the pool area the rope swing was open! I had a swing on it with my friends. The diving boards were open as well. After a while of swimming the trapeze opened up! I had a swing and fell face first into the water! It took me a few minutes to get all of the water out of my nose! I watched after that. When the life guard took down the steps to get up to the trapeze I thought it was over... I was wrong! The life guards now let us jump for the swing! Of course everyone took turns and some people even got to it! Good job! Swimming was unfortunately was over after the trapeze. We had a lot of fun and I would recommend this to others as a Club's Day. By Emma



On Clubs Day I was in the Hike to Horne Lake Club. We started on nice flat, rocky ground we endured almost completely straight up a deadly hill that burst our adrenalin through the sky and into outer space! Yes, when we finally got to Horne Lake, we just about collapsed! Mrs. Morphet also brought along her dog Brody to make sure no bears came on the trip with us, although with 34 kids hiking for 2 and a half hours, I don't think a bear would even come near! On the way to the lake we made a few brief stops to catch our breath or to take a picture. During the hike we passed this massive rock and there was this stick almost holding the rock up! It was so freaky! Even though we had a lot of fun I don't think I'll do it

again for a while!

By: Jessica



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Announcements:

- Water is on boil order, make sure to boil your water before you drink it!
- Every Wednesday in November is Cupcake day.
- November, 20 is a Pro Day.
- Report Cards are coming out on December 15!

Smart Ask

Q: People say I am emo but I know that I am not. Every time people see me they "slit there throat" with their finger. One night I cried myself to sleep. What should I do?

A: Don't let it bother you. If you know you aren't just leave it alone. Eventually everybody will forget about it. Or just tell an adult, and let them handle it.

Q: I think that I should go on a diet. But my teacher thinks I am too skinny and should put on more weight. What should I do?

A: You should go to the town's health store and ask for advice, and ask your friends what they think.

Q: I am starting to grow older and get into puberty. My voice is changing and I'm getting acne. People

are teasing me about it. What should I do?

A: Don't listen to them!!! They will have to go through the same thing as you but a bit later. About your acne, it will pass in a year or more but your tough! You can be strong and get through it! Make sure to wash your face every day, but if you are really worried about it then you can buy one of many different acne products at local super markets.

Hip Hop is her Favourite

Emily Wilkie is a grade 7 student in Ms. Iacuzzo's class. Emily dances at Pat Cummings School of Dance.

"I would have to say that my favorite type of dance is Hip-Hop," says Emily.

Emily is in four different dance classes, which include Hip-Hop, Jazz, Ballet, and Song and

Dance. Emily participates in many dance shows and competitions. Next summer, Emily will be competing in the Dance Festival in Nanaimo. She also has year end dance shows.

"At the end of the year, we have a show where lots of people come to watch. It's a good experience to go on stage and per-

form for a lot of people!" Emily comments.

Emily is on the school volleyball team for grade seven and eight girls. This is Emily's first year playing on the team and she is doing very well!

We wish Emily the best of luck in the future and hope she does well in the Dance Festival!

Jokes!

Q: What's Red and Green and goes one hundred miles an hour?

A: A Frog in a Blender!

Q: What's Black and white, black and white, black and white?

A: A penguin rolling down a hill!

Q: What's black and white and read all over?

A: A newspaper!

Q: What's black and white and black and white and green?

A: A herd of zebras fighting over a pickle.

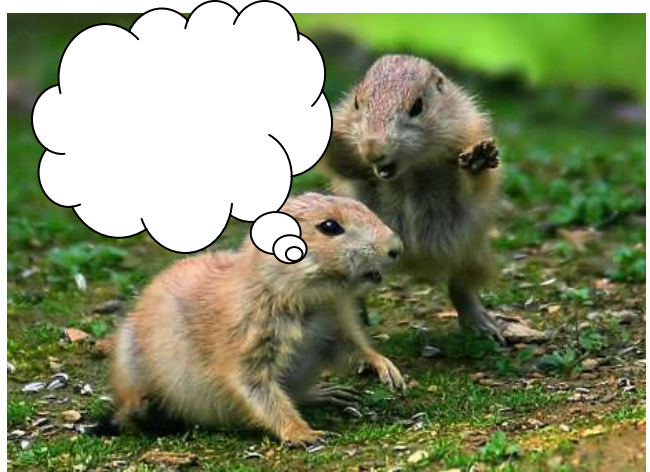
Q: What do potatoes wear to bed?

A: Their yammies.

Funny Blurps

Here's the idea. We supply the funny picture and you fill in the speech or thought bubble, cut it out and put it in the Occasional drop off box. Be sure to put your name on the back. Then we'll put the winner(s) in the next issue along with the new pic.

Last Month's Winner was the caption, "STAY AWAY FROM MY COOKIES!" Thank-you for your submissions.



Assorted Poems

Why is the world full of violence?
Why does everyone fight?
Doesn't anyone realize,
That this world needs light?
We all need this world,
To live and to survive,
But if we keep on fighting,
Nothing would be alive.

By: Breeann Kindratsky

Leaves

Once I saw a leaf,
It was soft and with no care,
Always dreaming of the nice
warm days,
When not one tree was bare,
And when the moon was shining
bright,

It would feel the nice cool breeze,
That very gently lifted it,
From that big oak tree,
While it was drifting down,
It did not forget to smile,
Because it knew that it was falling,
In that big soft pile.

-Jamie

Cut here -----

OPINIONS, CHECK OFF WHAT YOU'D RATHER DO

Would you rather stay home
all day or have P.E. class
all day?

Would you rather do a 5,000
word essay or miss P.E for
3 days?

Would you rather hang
from a bar forever or
sprint in the 999 999 999
mile sprint?

Would you rather go to a
school dance Or have a

year ending 50 page math
test?

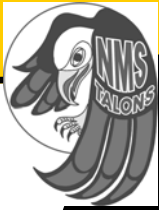
Name _____

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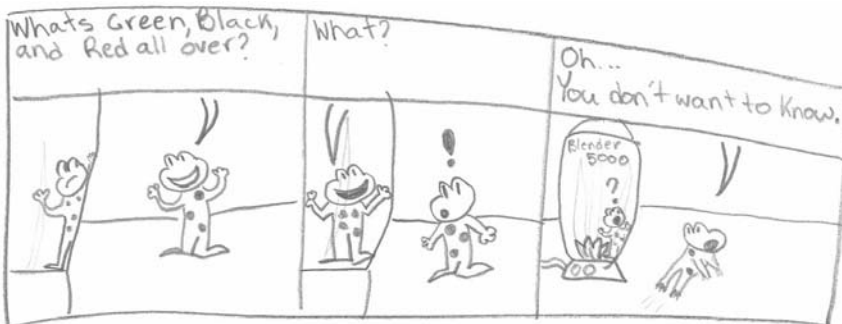
We're On the Web!
<http://awweb.sd70.bc.ca/>

This newspaper was created by a student panel consisting of Jamie Del Rio, Karly Dore, Jenessa Noviello, Emma Ashbaugh, Evan Dietrich, Adam Fenske, Danielle Tolfo, Breeann Kindratsky, Jessica Langille, Cierra Tottenham, Liam MacLeod, with the help of Ms. Nairne. If you have any contributions to the newspaper, please feel free to drop them off at the library.

Dear Christina,

The Occasional editorial board would like to apologize for the remarks made in the October issue. We are sorry that we resorted to name calling.

STUDENTS CORNER.



COMIC GIRL



End...



COMIC GIRL